

# Starting a Nature Journal

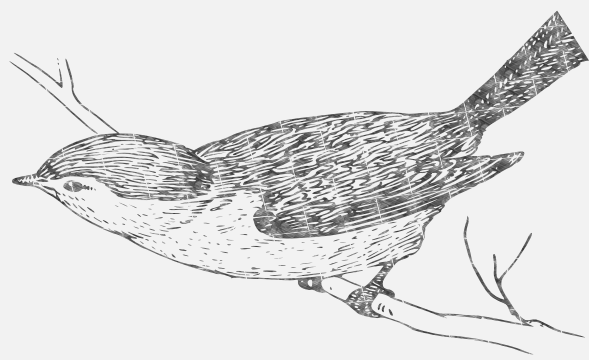
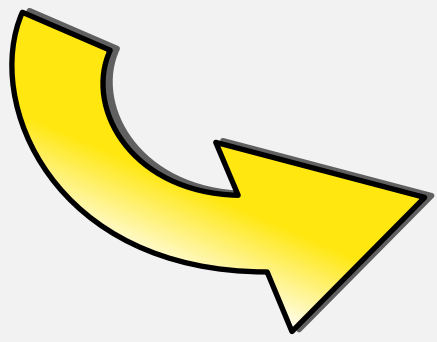
Nature journaling is an easy way to record your observations outside. By paying attention to our surroundings, we grow our appreciation of nature!

Start off with some of the example prompts below and develop your observation skills each time you go outside!



Date:

Leaf Rubbings



Date:

I heard...



I noticed...



Birds



Bees



Butterflies

Observations

Sketches

